



Senior Brown Box Program Sign Ups

Are you 60+ and worry about having enough healthy food to eat this month? Then Senior Brown Box Program was designed with you in mind. This USDA program is a premium food package, and it is in addition to other supplemental foods you may already receive (i.e. Commodities & Brown Bag). To qualify: ☒ **You must be 60 years or older** ☒ **Your household income does not exceed (1 person \$1,307/month)** ☒ **You live in Western Shasta or Trinity county** You may be eligible to receive: A wide variety of USDA commodities (juices, cheese, milk, rice, breakfast cereals, peanut butter and canned 'brand name' fruits and vegetables, plus donated foods including fresh fruits and vegetables! Distributions will occur monthly at a pick up site convenient for Igo/Ono/Platina residents. The location is currently being coordinated. **Come sign-up for the Senior Brown Box Program, Wednesday, May 3rd at th Igo Country Store from 1-2.** Call now to request an application, income guidelines and more information available from: **Jeff England, Trinity County Food Bank Director Phone: 739-0983** Why not join the Senior Brown Box Program now and start improving your health and nutrition for many more tomorrows!

***** Igo Street Sale--- JUNE 3rd *****

Just a reminder as those thoughts about Spring Cleaning dance on the outskirts of your mind. The Igo Street Sale is only a month away. If, during the course of cleaning, you find some items that you would like to trade for money, now might be the time to consider participating in the sale. If you would rather just donate your items, please consider donating them Neighborhood Watch. Item pickup may be a possibility. **Call Jim Wilson at 396-2296 for information.**

Ono Grange

396-2322

Grange Meetings are held on the second Wednesday of each month. The next meeting is **May 10** .

Bunco on May 17 at 6p.m.

Junior Grange meets at 6 p.m.

General Grange Meeting starts at 7 p.m.

Neighborhood Watch

Neighborhood Watch meets **Saturday, May 13** at the Igo School. **Meetings start at 10am.** Agenda: Flag Salute, Jan. minutes, Committee Reports, Old Business, New Business, Adjourn.

Ono-Igo Community Church

396-2277

Sunday Service Times.--- **9:30 a.m. Conversation Service**

11 a.m. Traditional Service

Igo Store

396-2292

Open Everyday. French Fry Friday starts at 6p.m. Breakfast every Sunday at 8 a.m.
Call the store for more info

Ono Store

396-2300

The Lost Boys and acoustic Jam will start up again in the spring when the weather is better. Watch our Facebook page for notice of start date.

Every weekend we serve specials, Saturday and Sunday starting at noon. We have served French Dip, Pot Stickers, Kielbasa, Spare Ribs, Quesadillas and more. Upcoming includes: Chicken Satay, Meat Loaf, Pulled Pork, French Onion Soup and other tasty dishes, all home-made.

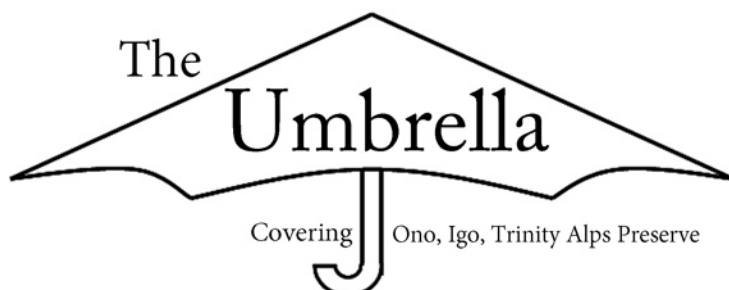
On the first and third Saturday nights at 7 pm we have Acoustic Jam. Everyone is invited.

On the second and fourth Saturday nights at 7 pm we have Karaoke with Cal Hodges as DJ. Singing, dancing, good times.

On the third Saturday each month at 3 pm we have a group birthday party for all those born during that month.

On the nights that we have entertainment, we are open 'til 11 or 12 pm.

In addition to our famous burgers, we now serve pizza.



The Umbrella is a community-run newsletter published with the intention of highlighting local events, local businesses, local groups, and local people. If you would like to contribute a story please contact Ed at 396-2277.

Well, here we go again. It's spring and just on its heels, will be summer. The rainy season gives way to hot days and warm evenings. The tall spring grasses are full of dampness – and thousands of pesky mosquitoes. For a bit of mosquito trivia, read on. The word “mosquito” means “little fly”. They have two wings that have scales and weigh just 1/25,000 of an ounce. Their head has sensors that detect heat and a long mouth that pierces the skin of its prey. Their legs are much longer than a fly. The mosquito lurks around mostly at dusk and is attracted to dark colors and mammal flesh. Only the females bite and therefore, transmit disease. They are responsible for more human deaths than any other living creature. One female can produce 10,000 microfilariae (baby worms) in a 24 hour period. Wow! There are 2700 different species of mosquitoes, 70 of which cause heartworm disease. The heartworm is a long slender, white spaghetti like parasite. The adult average length is 10-12 inches.

Canine heartworm develops when an infected mosquito bites your best friend, depositing larvae. These larvae make their way into the blood stream and take up residence in the heart. There, they mature into adults and reproduce. It takes 6-7 months to complete this cycle. The adult heartworm can live 5-7 years. Heartworm disease is most commonly found in dogs, but also has been found in cats, ferrets, sea lions, bears, foxes, wolves, coyotes, and, in very rare instances, humans.

If untreated, heartworm disease can cause major health problems. Symptoms include cough, weight loss, labored breathing, fatigue, and anemia. Diagnosis is made by a simple blood test. This blood test is positive if microfilariae are found in the blood sample. This indicates that adults are in the heart.

Treatment is normally safe and effective. The medication used kills mature and immature worms. A repeat test is required six months after treatment to confirm that all larvae have been eliminated. Preventing heartworm disease is quite simple if you keep in mind that the mosquito is the culprit. Starting your new pup on heartworm preventative at his first visit to your vet at 6-8 weeks of age is the most cost effective. No testing is required. If you have acquired an older new pal, the oral preventative can be purchased at your vet's office, monthly, following a negative heartworm test. This medication is reasonably priced, safe, and easy to give.

Peak biting hours are dusk – dawn, so it makes good sense to keep your buddy in at night, but remember, indoor dogs are also at risk. It only takes one tiny mosquito slipping in through a loose screen to start the heartworm cycle.

Mosquitoes breed in standing water. For damp places hard to get to, simply spray with a strong solution of apple cider vinegar or dish soap. Pam cooking spray works well also. My favorite deterrent is spritzing my dogs with diluted Skin-So-Soft oil. Planting basil or tansy will also help ward off these beasts.

Feeding your pet a diet rich in wheat germ, yeast, garlic, or brown rice is also recommended. Advantix II, Freedom 45, or BioSpot 50 are all spot-ons that repel mosquitoes. Remember, the mosquito is not just annoying. She's evil, wicked, mean, and nasty. Take her seriously – your best friend's life is worth it.

Chic Miller 530-347-0544
Bella Vista Farms Animal Sanctuary
4301 Lower Gas Point Road Cottonwood, CA 96022

Raney-Katie Spay and Neuter Fund

The Raney-Katie organization is an Animal Welfare Committee of the Igo-Ono-Trinity Alps Preserve Neighborhood Watch. (IOTAP) and is a 501c3 non-profit entity. If you need information about available monetary assistance related to the spaying or neutering of your cat or dog, please call Marge Lewis at 396-2250 or Karin King and 396-2207. If you would like to join the group...please attend one of our monthly meetings. **The Raney-Katie group meets on the 4th Saturday of every month at the Igo Store. The meeting begins at 10 am.** Please consider joining the group and helping in the effort to relieve the burden created by unwanted and abandoned animals. Thank You.

CAT INTELLIGENCE
By Lennie Copeland

Cat lovers and dog lovers dispute which is smarter, the dog or the cat. According to *Psychology Today*, animals that live in groups are always more intelligent than solitary animals. Dogs are pack animals that have a need to follow their leader and please their master. Cats on the other hand are generally loners, but they do exhibit greater cleverness and adaptability. Many behavior specialists agree that the cat's intelligence ranks along with a two or three year old child.

Cats' brains are smaller in proportion to their size than the average dog but they have more folds in the brain (more important than size) and a brain structure more similar to humans. The cat's cerebral cortex contains about three million neurons, twice as many as the dogs' 160 million neurons. The cerebral cortex is the seat of rational decision making and complex problem solving. The cat has enormous and long-lasting memory, better than dogs and even monkeys. They remember for months compared to the dog's memory of only days and sometimes better than humans who often wander around muttering, "Now where did I put that thing?" or even, "What did I come into this room for?"

Cats can open doors and flush toilets. They can learn simple tricks. One area where cats excel by far is in survival skills. Leave a cat and a dog outside alone for ten days? The cat will be fine but the dog will be hungry and miserable. If you spot a dog wandering at the side of the road, you may worry. You may stop to rescue it and find its owner or call Haven Humane. Worry and stop to rescue a roving cat? Not so much. Cats are self-reliant. You can leave a cat home alone with a supply of food and kitty litter for a weekend or a little longer and she will be okay. Most dogs would be frantic.

Why aren't there seeing-eye cats, police cats or search and rescue cats? Cats are impulsive, don't tolerate frustrating situations and have far less patience than dogs. If an activity is not obviously rewarding to them, cats will disdain the task. Cats, unlike dogs, are uninterested in pleasing humans and therefore resist training. They fail to make good research subjects because cats are notoriously uncooperative. Hence, it is difficult to measure a cat's I.Q.

Still, some organizations have attempted to rank cat intelligence by breed. You are not likely to see your cute little tabby on this list. With smartest at the top of the list, cat breeds are as follows:

Abyssinian	Burmese
Turkish Van	Tonkinese
Scottish Fold	Bengal
Siamese	Cornish Rex

How smart is your cat? Here are a few clues:
Does your cat know her name and come when called?

Is she social, attention seeking and affectionate? More social equals smarter.
With the cat watching, hide a toy behind something. Does she find it? This is called Object Permanence.
Put unopened cat food next to your cat's dish. Does she look from it to you as if waiting to be fed?
Does she watch birds on TV?
Leave a door open just a slit. Will she nudge or paw at it to open it?
Wedge a toy barely out of reach, say under a bureau. If necessary, will she use two paws to extract it?
Does she speak to you? Does she have distinctive meows for different things?
Is your cat sensitive to changes in routine or additions to the household? If she notices and shows displeasure, she may be a smart cat. Symptoms of distress may be in the form of missing the litter box, scratching where she shouldn't, etc.

Just for the record, dogs and cats are not the smartest animals. According to one scientist, smarter are chimpanzees, gorillas and other apes, monkeys, killer whales, dolphins, elephants, crows, and pigs.

Mother's Day Flowers

Taking pre-orders for delivery on May 12th, 13th or 14th.

Will be at The Igo Inn on May 12th and at the boat ramp turn off on Bonnyview in Redding on 13th and 14th.

Will also have arrangements available at the Igo Store all 3 days.

Call Flowers By Amber at 530-355-9917 or message on Facebook.



**May 6th 2017
Start Serving**

**@
5PM**

Tacos, Burritos, Nachos, Cold Beer, and Lots of Fun!!!