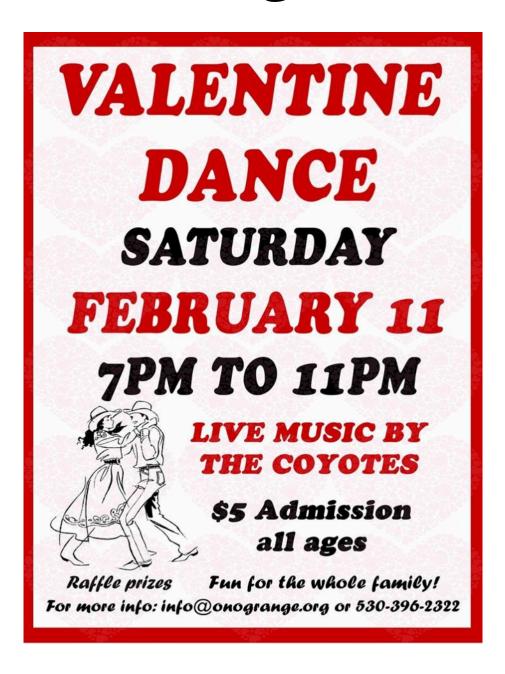


December 2017 www

www.igoono.com

Igo, Ono, Trinity Alps Preserve

# Ono Grange Dance



#### Ono Grange 396-2322

Grange Meetings are held on the second Wednesday of each month. The next meeting is February 8.

Junior Grange meets at 6 p.m.

General Grange Meeting starts at 7 p.m.

#### **Neighborhood Watch**

Neighborhood Watch meets **Saturday, February 11** at the Igo School. **Meetings start at 10am.** Agenda: Flag Salute, Jan. minutes, Committee Reports, Old Business, New Business, Adjourn.

#### Ono-Igo Community Church 396-2277

Sunday Service Times.--- 9:30 a.m. Conversation Service
11 a.m. Traditional Service

## **Igo Store** 396-2292

Open Everyday. French Fry Friday starts at 6p.m. Breakfast every Sunday at 8 a.m. Call the store for more info

### Ono Store 396-2300

The Lost Boys and acoustic Jam will start up again in the spring when the weather is better. Watch our Facebook page for notice of start date.

Every weekend we serve specials, Saturday and Sunday starting at noon. We have served French Dip, Pot Stickers, Kielbasa, Spare Ribs, Quesadillas and more. Upcoming includes: Chicken Satay, Meat Loaf, Pulled Pork, French Onion Soup and other tasty dishes, all home-made.

On the first and third Saturday nights at 7 pm we have Acoustic Jam. Everyone is invited.

On the second and fourth Saturday nights at 7 pm we have Karaoke with Cal Hodges as DJ. Singing, dancing, good times.

On the third Saturday each month at 3 pm we have a group birthday party for all those born during that month.

On the nights that we have entertainment, we are open 'til 11 or 12 pm. In addition to our famous burgers, we now serve pizza.



The Umbrella is a community-run newsletter published with the intention of highlighting local events, local businesses, local groups, and local people. If you would like the contribute a story please contact Ed at 396-2277.

#### **Support Local Business**

## Flowers By Amber

Valentine's Day is right around the corner. Get our pre-orders in for flowers. Will Deliver February 13th and 14th. Or can pick up at The Igo Inn on the 11th or 12th if looking for flowers for your Sweetheart Dance date can also deliver in Igo on these days. Will have single wrap roses, 1/2 dozen, full dozen, mix bouquet, coffee mug, or whatever you need. If need special color that is not pink or red please per order.



# --Tuesday Night Dinner--

# Valentine's Edition

Are you exhausted by just the thought of driving into town to celebrate Valentine's Day? Long wait times... sitting at a not-too-clean table... stressed out wait staff... over-priced food... all in the name of Love? Do You want to celebrate Valentine's Day with your Family? Currently Single and want a great meal with awesome neighbors? Why not stay local and celebrate Valentine's Day in a community that you Love?

Everybody is Welcome and Encouraged to Join us...

Tuesday February 14 at 5 pm. Ono-Igo Community Church

Chef Clara is preparing her famous Hot Dog Rollups, Calico Beans and Delicious Salads.

Plenty of Dessert.

**Live Music by Bill Holton** 

Everybody is invited. Bring the Family. Bring Your Sweetheart. Bring Yourself. Immediate Seating. No Reservations Needed.

### VINEGAR "THE MAGICAL TONIC"

February 2017

By Chic Miller

Over the centuries, vinegar has become well known as a common remedy for a long list of aches and ills. Vinegar is also the cleaning agent of choice for those with allergies, asthma, or are sensitive to harsh chemicals. It is said to be one of the most healthful nutrient filled fluids known to man.

Vinegar contains vitamin A, B-6, folate, ascorbic acid, thiamine, riboflavin, niacin and pantothenic acid. Plus minerals such as calcium, iron, magnesium, phosphorus, potassium, zinc, copper and manganese. Oh my, an impressive list!

As an animal sanctuary and a strong believer in home remedies, I have found that humans and pets alike benefit greatly from the use of vinegar as a solution to many daily problems. On the farm, I use vinegar as a cure, cleanser and parasite preventative with excellent results, I'll share a few of my tried and true uses with you.

Let's start with apple cider vinegar – Nothing compares with my homemade flea shampoo. I simply mix 1 part Dawn dish soap to 2 parts apple cider vinegar. Shampoo, leave on 3-4 minutes, rinse well. Voila! Fleas are history and your pet's shiny coat can't be equaled. For dry, flaky skin, just add ¼ cup of mineral oil. Oily skin can be controlled by using apple cider vinegar as a final rinse to any shampoo. Adding it to your pet's drinking water helps fight the symptoms of arthritis, freshens breath and is known to keep bladder infections at bay. Spritzing your pet's coat with diluted apple cider vinegar before brushing will quickly de-tangle hair, leave their coat smelling fresh and calms itchy skin. Mild burns and sunburn can be treated by soaking a cloth in full strength vinegar and applying directly on the burn. Dip and reapply several times. An apple cider vinegar and baking soda poultice works well for taking the "sting" out of a bee sting.

On to white vinegar – A safe alternative to harsh, costly cleaning chemicals is white vinegar. It works well as a fabric softener for your pet's blankets and toys. As a general cleaner for floors, igloos and dog dishes, it can't be beat. It also can be used as an odor neutralizer, or used on carpet spots for those occasional 'accidents". As I rescue many parrots, I find that vinegar is a safe cleaner for their cages. It also works well for aquariums and fish bowls, replacing strong scented chemicals. Try putting a sock on your hand, dampened with vinegar and wipe that pet hair easily from your furniture. Bacteria and fungus will not build up in your bird bath when cleaned weekly with white vinegar.

The uses for this magical health filled tonic are endless. By far, my favorite vinegar book is written by Emily Thacker. "The Vinegar Anniversary Book" is packed with healthy tips for pets and humans, a great book to keep on hand or to give as a gift.

Home remedies are fun and economical. I hope you will try a few, but when using it for medical purposes, if symptoms persist, please consult your vet.

Questions or comments, call Chic.

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